Guide To Community Resources

(All area codes begin with 863, unless noted otherwise.)

**ABUSE: CHILD & ADULT:**
- Abuse Hotline 800-962-2873
- Guardian Ad Litem Program 534-4605
- Gulf Coast Community Care 904-3000
- Peace River Center Domestic Violence Shelter
  Women, Men, & Families 413-2700

**ADOPTION:**
- **Catholic Charities**
  - Lakeland 686-7153
  - Winter Haven 299-7983
- Children’s Home Society 519-3906
- Devereux 298-4400
- Florida Baptist Children’s Home 688-4981
- Florida Adoption Info Center 1-800-96-ADOPT

**AIDS AWARENESS:**
- Nat’l STD & AIDS Hotline 1-800-342-AIDS
- Spanish 1-800-545-SIDA
- Nat’l Prevention Info Network 1-800-458-5231
- TDD 1-800-243-7012
- Patient Care Services 519-8233
- Polk County Health Department 413-2620
- Central Florida Health Care 676-0022
**ALCOHOL/DRUG ABUSE:**

- ACTS 428-1520
- AA 687-9275
- Al-Anon 687-3800
- Toll Free 1-866-539-3030
- Central Florida Behavioral Health 813-993-4446
- Drug Helpline 1-800-662-HELP
- Mothers Against Meth 519-0000
- NA Helpline 683-6030
- New Life Ministry 682-7842
- Jeff Allen, PhD 676-4556
- PRIDE Partnership of Polk County 294-1853
- Talbot House Ministries 687-8475
- Teen Challenge 647-1944
- Tri-County Human Services 709-9392
- The Recovery Village 352-771-2700

**COUNSELING & MENTAL HEALTH:**

- Anchor House Ministries (Boys) 665-1916
- Bay Care Inpatient Program for Children 727-834-3965
- Bethany Center (Grief Services) 284-1669
- Cornerstone Hospice (Grief Services) 421-3840
- FL Division of Blind Services 499-2385
- Catholic Charities-Lakeland 686-7153
- Catholic Charities-Winter Haven 299-7983
- Central Florida Behavioral Health 813-993-4446
- Central Florida Health Care 676-0022
- Children’s Home Society 519-3906
- Florida Sherriff’s Youth Villa 533-0371
Frostproof Care Center 635-5555
HELP of fort Meade 285-6600
Innovations in Counseling 294-8845
Kindelan, McDanal, & Assoc. 877-1855
National Alliance for Mentally Ill 616-9642

**Peace River Center**
Lakeland 248-3300
Bartow 519-3750
Polk County Veteran’s Affairs 534-5220

**Psychological Associates of Central Florida**
Dr. Marshall 644-8470
Women’s Resource Center 294-5318
Salvation Army-Lakeland 682-8179
Sandy Pines 561-744-0211
St. Joseph’s Behavioral Health 813-870-4300
Sun Coast Behavioral Health 941-251-5000
Tri-County Human Services 709-9392
Winter Haven Hospital 294-7062

**Youth & Family Alternatives**
(Truancy, Behavior, Substance Abuse) 499-2430
University Behavioral Center 407-281-7000

**DENTAL CLINICS:**
Central Florida Health Care 676-0022

**Polk County Health Dept.**
Auburndale 965-6333
Lakeland 413-2636
Lake Wales 676-0210
### DISABILITY SERVICES:

<table>
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<tr>
<th>Organization</th>
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<tbody>
<tr>
<td>Achievement Academy</td>
<td>683-6504</td>
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<tr>
<td>Arthritis Foundation</td>
<td>1-800-283-7800</td>
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<tr>
<td>Center for Independent Living</td>
<td>413-2722</td>
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<tr>
<td>Central Florida Speech &amp; Hearing</td>
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<td>Central FL Deaf Services</td>
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<td>TDD</td>
<td>688-9394</td>
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<td>Child Find</td>
<td>534-0946</td>
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<td>USF/Infant &amp; Toddler Program</td>
<td>701-1233</td>
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<td>Deaf Services/Polk County</td>
<td>701-0544</td>
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<tr>
<td>Easter Seals Camp Challenge</td>
<td>352-383-4711</td>
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<tr>
<td>Epilepsy Services of West FL</td>
<td>686-5880</td>
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<tr>
<td>FL Diagnostic &amp; Learning Resources</td>
<td>534-0950</td>
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<tr>
<td>FL Relay Services</td>
<td>800-955-8770</td>
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<td>FL School of the Deaf &amp; Blind</td>
<td>800-344-3732</td>
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<tr>
<td>Goodwill Industries</td>
<td>701-1351</td>
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<tr>
<td>Gulf Coast Community Care</td>
<td>904-3000</td>
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<td>Alliance for Independence</td>
<td>665-3846</td>
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<td>PCSB ESE Services</td>
<td>534-0930</td>
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<td>PCSB Special Olympics</td>
<td>534-0955</td>
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<td>Polk Training Center</td>
<td>956-1620</td>
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<tr>
<td>Sunrise Community</td>
<td>680-2817</td>
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<tr>
<td>Tampa Lighthouse for the Blind</td>
<td>299-3633</td>
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### DISASTER/EMERGENCY:

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<th>Organization</th>
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<tr>
<td>Citizens’ Information Line</td>
<td>534-0321</td>
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<tr>
<td>FEMA</td>
<td>1-800-621-3362</td>
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<tr>
<td>Special Needs Shelter</td>
<td>534-5600</td>
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</table>
**EDUCATION RESOURCES:**

FL. Diagnostic & Learning Resource  534-0950
Learning Resource Center  688-9477

**EMERGENCY YOUTH SHELTERS:**

George Harris Youth Shelter  595-0220

**EMPLOYMENT & JOB TRAINING:**

Goodwill Industries  701-1351
Experience Works (Seniors)  967-9631

**Polk WORKS**

Winter Haven  508-1100
Lakeland  967-9631
Veteran’s Services  683-5627 ext 140

**Vocational Rehabilitation**

Lakeland  680-5534
Winter Haven  291-5280

**FAMILY & PARENTING RESOURCES:**

Family Fundamentals  686-1221
Head Start  533-0015

**FOOD, MEDICINE, FINANCIAL AID:**

Auburndale Relief Association  967-9711

**Catholic Charities**

Lakeland  686-1651
Winter Haven  299-7983
Church Service Center  533-5822

**Dept. of Children & Families**

SNAP, Food Stamps, Medicaid  1-866-762-2237
Emergency Services  294-1939
Frostproof Care Center 635-5555
HELP of Fort Meade 285-6600
HOPE Center 683-8182
Lake Wales Care Center 676-6678
Lighthouse Ministries 687-3705
Mulberry Services 425-1523
Polk Social Services 534-5387

**Salvation Army**
Lakeland 682-8179
Winter Haven 291-5107
Haines City 422-9640
SHARE Program 800-536-3379
Talbot House Ministries 687-8475
WIC (Women’s, Infants & Children) 863-519-7542
The Outreach Center 665-7700

**HEALTH SERVICES & EDUCATION:**

**American Cancer Society**
Lakeland 688-2326
Winter Haven 294-0661
American Heart Association 686-8421
Red Cross 294-5941
Central FL Health Care 676-0022
Cen. FL. Speech & Hearing 686-3189
Achievement Academy 683-6504
Children’s Medical Services 1-800-741-2250
Citizen CPR 680-1277
Epilepsy Services 686-5880
FL Kid Care 1-888-352-5437
Bartow Office 534-5313
Learning Resource Center 688-9477
March of Dimes 687-8909
National Kidney Foundation 1-800-927-9659

**Polk County Health Department Clinics**
- Auburndale 965-5400
- Bartow 519-7916
- Haines City 421-3204
- Lakeland 413-2620
- Lake Wales 678-4144
- Talbot House Ministries 687-8475

**HOMELESS SERVICES:**
- Homeless Coalition of Polk 687-8386
- Lake Wales Care Center 676-6678
- Lighthouse Ministries
  - (Men only) 687-3705

**Salvation Army**
- Lakeland 682-8179
- Winter Haven 291-5107
- Women’s Resource Center 294-5318
- Women’s Care Center 534-3844
- Talbot House Ministries 687-8475

**DOMESTIC VIOLENCE SHELTERS:**

**Peace River (Polk)**
- Hotline 413-2700

**Peace River (Highlands)**
- 386-1167

Legal Guidance, Bartow Court House
Outreach Advocate
863-534-4350; 863-534-4180

**HOME HEALTH SERVICES:**
- Amedisys Home Health 297-1871
- Good Shepherd Hospice 297-1880
- Cornerstone Hospice 421-1482
- Polk Elderly Services 534-5320

**HOUSING: LOW INCOME:**
- Habitat For Humanity 688-4660/292-2256
- USDA 420-4833

**HOUSING ASSISTANCE:**
- Anchor House Ministries 665-1916
- Housing Authority
  - Bartow 533-6311
  - Haines City 421-3680
  - Lake Wales 687-2911
  - Lakeland Winter Haven 294-7369
  - Family Health Line 1-800-451-2229
- Florida Baptist Children’s Home 698-8811
- Florida Sherriff’s Youth Ranch 533-7557
- George Harris Youth Ranch 595-0220
- HUD 813-228-2501
- New Horizon’s 428-1520
- Section 8 Housing 534-5240
**HOUSING REHABILITATION:**
Lakeland Housing Division 834-3360  
Lake Wales Care Center 676-6678  
USDA 420-4833

**HOUSING TRANSITIONAL:**
Lake Wales Care Center 676-6678  
Salvation Army (Lakeland) 682-8179  
Talbot House Ministries 687-8475  
Tri-County Human Services 701-7373  
Women’s Care Center 534-3844

**LEGAL SERVICES:**
Dept. of Revenue (Child Support) 800-622-5437  
Florida Rural Legal Services (Civil) 688-7376  
Heart of FL Legal Aid (Divorce) 519-5663

**MIGRANT SERVICES:**
ALPI 956-3491  
ESCORT 1-800-234-8848  
Immigration Services 1-800-375-5283  
Migrant Education 534-0655  
Social Security Admin. 1-800-772-1213

**PARENT EDUCATION & SUPPORT:**
Family Fundamentals 686-1221  
Health Dept. (Healthy Start) 413-2620
PERSONAL DEVELOPMENT:
American Red Cross 294-5941
Big Brothers/Big Sisters 682-5191
Boys/Girls Club 686-1719
Citrus Center Boys/Girls Club 967-1532
Parks & Recreation Dept. 534-4341

**Women's Resource Center**
Lakeland 687-5627 ext 107
Winter Haven 294-5318
YMCA-Lakeland 644-3528
Lake Wales 676-9441

PRESCRIPTION PROGRAMS:
GoodRX.com
Needymeds.com
Pparx.org
TogetherRxaccess.com

SENIOR CITIZENS SERVICES:
Alzheimer’s Information Line 292-9210
American Assoc. of Retired Persons 666-1908

**Catholic Charities**
Lakeland 686-7153
Winter Haven 299-7983
Dept. of Children & Families 619-4100
Faith In Action 682-7249
Lake Morton Sr Center 687-2988
Polk Elderly Services 534-5320
**SUPPORT GROUPS:**

National Alliance for Mentally Ill 686-1221 ext. 221 or 667-2068
AIDS Support Group 291-3737 or 678-1106
Alzheimer’s Support Group 294-3144 or 299-1064
Amputee Support Group 293-1121 ext 1171
Aphasia Support Group 293-1121 ext 2726
Autism Support Group 686-1221 ext 221
Bounce 409-5049
Brain Injury Support Group 293-1121
Breast Cancer Support Group 291-6705
Breast Feeding Class 687-1100 ext 2097
Breathe Better With Support 965-5400
Cancer Support Group 291-6705
Diabetes Support Group 676-1433 ext 4166 or 284-1604
Domestic Violence Support Group 294-5318
Eating Healthy For Life 676-1433 ext 4166
Epilepsy Support Group 686-5880
Family & Caregivers Support Group 294-7056 ext 3673
Fibromyalgia Support Group 299-5170, 676-1433 ext 4166
First Month’s Club for Parents 294-7020
First Steps Club for Parents 294-7020
Grief Support Group 297-1877
GoGrandmaGo 644-8239
LifeLink Donor Awareness Group 324-3186
Lupus Support Group 956-3904
Prostate Cancer Support Group 291-6705
Polk County Mentally Ill Alliance 413-2788
Newborn Care Class 687-1100 ext 2097
Ostomy Club 293-1121 ext 1511
Foster Parent Support Group 686-1211 ext 221
<table>
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<th>Service</th>
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<tr>
<td>Parkinson’s Support Group</td>
<td>297-1706</td>
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<tr>
<td>Perinatal Bereavement</td>
<td>325-9742 or 294-7044</td>
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<tr>
<td>Prepare Childbirth Classes</td>
<td>687-1100 ext 2097</td>
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<tr>
<td>Pulmonary Rehab Support</td>
<td>284-1985</td>
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<td>Rape Crisis Support Group</td>
<td>299-5025</td>
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<tr>
<td>Stroke Support Group</td>
<td>297-1807</td>
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<td>Support Group for The Blind</td>
<td>293-6429</td>
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<tr>
<td>Teen Prenatal Classes</td>
<td>687-1100 ext 2097</td>
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<td>Thyroid Support Group</td>
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**TRANSPORTATION:**

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<tr>
<td>Citrus Cars</td>
<td>508-1100 ext 342</td>
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<td>Citrus Connection</td>
<td>688-7433 or 688-5438</td>
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<tr>
<td>Division of Motor Vehicles</td>
<td>499-2323</td>
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<td>Bartow Tag Agency</td>
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<td>Lakeland Tag Agency</td>
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<td>Polk County Human Services (Medicaid)</td>
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<td>Polk County Transportation</td>
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**YOUTH SERVICES/SHELTER:**

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<tr>
<td>Bill Duncan Excel Center</td>
<td>665-1916</td>
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<td>Don Woods Excel Center</td>
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<td>Florida Baptist Childrens Home</td>
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<td>Florida Sherriff’s Youth Ranch</td>
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<td>George Harris Youth Center</td>
<td>595-0220</td>
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<tr>
<td>New Horizons</td>
<td>428-1520</td>
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<td>STAR Boot Camp (court order)</td>
<td>519-3995</td>
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<tr>
<td>Tampa Bay Academy</td>
<td>813-677-6700</td>
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<tr>
<td>University Behavioral Center</td>
<td>407-281-7000</td>
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